



Rewarding Learning  
**ADVANCED**  
 General Certificate of Education

Centre Number

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Candidate Number

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# Health and Social Care

Assessment Unit A2 6  
*assessing*  
 Understanding Human Behaviour



AHC61

## [AHC61] Assessment

**TIME**

2 hours.

**Assessment Level of Control:**

Tick the relevant box (✓)

Controlled Conditions	
Other	

**INSTRUCTIONS TO CANDIDATES**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

**INFORMATION FOR CANDIDATES**

The total mark for this paper is 120.

Quality of written communication will be assessed in questions **1(c)**, **2(e)**, **3(c)** and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	

<b>Total Marks</b>	
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**(b) (i)** Complete the table below by defining **two** key concepts from the psychoanalytic perspective and explaining how they apply to depression.

Concept	Definition	Application to depression
<p><b>The unconscious</b></p>	<p>[2]</p>	<p>[2]</p>
<p><b>Fixation</b></p>	<p>[2]</p>	<p>[2]</p>

Examiner Only	
Marks	Remark



















3 According to the Public Health Agency’s *Minding Your Head* website, “stress is the feeling of being under too much mental or emotional pressure. Pressure turns into stress when you feel unable to cope”.

Source: ‘Stress’ [mindingyourhead.info](http://mindingyourhead.info) © 2022 Public Health Agency

Examiner Only	
Marks	Remark

(a) List **four** signs that an individual may be experiencing stress.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

4. \_\_\_\_\_ [1]

(b) Describe how beta blockers can help to alleviate stress.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [3]











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